

**Admission Notice**  
**2026/2027 Academic Year**  
**MASTER’S DEGREE PROGRAMME IN SPORT AND HEALTH PROMOTION**  
*(English translation for information purposes only)*

**Programme overview**

**Type of degree:** Master’s Degree (120 ECTS credits)  
**Classification:** LM-68 (as per Ministerial Decree 270/2004)  
**Duration:** Two years  
**Language of instruction:** English  
**School:** Medicine and Surgery

**The programme is delivered entirely in English**

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**Art. 1 – Enrolment rules and entry requirements**

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For the 2026/2027 academic year, enrolment is open for the following Master’s Degree Programme:

- **Sport and Health Promotion (LM-68)**

The following categories of applicants may apply to have their curricular requirements and individual preparation assessed, provided they hold an Italian or foreign academic qualification recognised as valid for admission to degree programmes at Italian universities:

- Italian citizens;
- EU citizens;
- non-EU citizens legally residing in Italy under Article 26 of Law No. 189 of 30 July 2002;
- non-EU citizens residing abroad who require a study visa.

Enrolment in the above Master’s Degree Programme is subject to verification that applicants meet the required curricular criteria and demonstrate adequate individual preparation (pursuant to Article 6, paragraph 2, of Ministerial Decree 270/2004), as specified below under points A and B.

**A. Applicants must hold one of the following qualifications:**

- an ISEF diploma recognised as equivalent under Law No. 136 of 13 June 2002;
- a Bachelor’s Degree in Motor Sciences (Class 33 under Ministerial Decree 509/1999 or Class L-22 under Ministerial Decree 270/2004);
- a four-year degree in Motor Sciences obtained under Article 5, paragraph 6, of Ministerial Decree of 15 January 1999 (so-called completion or finalisation courses);
- a four- or five-year degree in Motor Sciences or in the field of Sport Sciences.

**B. Alternatively, applicants may hold other degree qualifications as permitted by Article 6, paragraph 2, of Ministerial Decree 270 of 22 October 2004.** In this case, admission is subject to the evaluation procedure set out in Article 2 of this Notice and requires a positive outcome from a designated Committee.

**Art. 2 - Assessment of curricular requirements and individual preparation**

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As a first step, and for the purpose of verifying that the curricular requirements described in Article 1 have been met, all applicants wishing to enrol in the Master’s Degree Programme covered by this Notice must complete the registration procedure on the University’s online services portal according to the instructions below, within the following deadlines.

**First intake – APPLICATION PHASE**

*(Only for international applicants residing abroad who require a study visa)*

**From 20 January 2026 to 30 April 2026**

The deadline for this intake has been moved earlier to allow sufficient time to apply for and obtain a visa, and to complete enrolment by the deadlines set out in this Notice.

Registration procedure on the University online services portal – for international applicants residing abroad who require a study visa.

1. Go to the Online Services portal: <http://delphi.uniroma2.it> – Student Area.
2. Select “**Button 1 – APPLICATION FOR ADMISSION TO COURSES TAUGHT IN ENGLISH – APPLICATION**”. Read the “Further information” notice, then select:

- a. **“Fill in the application (on-campus programme)”**. After reading the privacy notice, tick the relevant box and click **“Next”**.
3. Select the Faculty, then the Master’s Degree Programme.
4. Select **“NON-EU APPLICANTS RESIDING ABROAD APPLYING FOR A STUDY VISA”**.
5. Enter the required information and upload the academic documents.
6. Pay the required fee via the PagoPA system and validate the application as described in points 8 and 9 below.

### Second intake

\*(For Italian citizens, EU citizens, and non-EU citizens legally residing in Italy under Article 26 of Law No. 189/2002)\*

### **From 2 September 2026 to 30 October 2026**

**Please note:** Applications may be submitted only after the Bachelor’s Degree (or equivalent qualification) has been awarded.

### REGISTRATION PROCEDURE – FOR ITALIAN, EU AND NON-EU APPLICANTS LEGALLY RESIDING IN ITALY

1. Go to the Online Services portal: <http://delphi.uniroma2.it> – Student Area.
2. Select **“Button 1 – Request for verification of curricular requirements”** (Or, for advanced standing only, select **Button 2** → **“Enrolment in a year other than the first”**). Read the **“Further information”** notice, then select:
  - a. **“Fill in the application (on-campus programme)”**. After reading the privacy notice, tick the relevant box and click **“Next”**. Then select the Faculty and the Master’s Degree Programme. → Applicants must select the appropriate category. International applicants residing abroad who require a visa must select: **“foreign citizens residing abroad without a tax code”**.
3. Enter the required information.
4. Enter the details of the degree obtained (click **“ENTER”**), complete all mandatory fields, and upload the degree certificate including the transcript of examinations.
5. Once the required information has been entered, click **“ADD”**, check the **“Qualifications Summary”**, and click **“NEXT”**. A list of curricular requirements will then be displayed. Complete where applicable:
  - **“ANOTHER DEGREE”** – to enter an additional degree (otherwise select NO).
  - **“POSTGRADUATE COURSE”** – to provide details of any postgraduate courses to be evaluated by the Programme Board (otherwise select NO).
6. Once the procedure has been completed, click **“NEXT”**, check the information entered, and click **“CONFIRM DISPLAYED DATA”**. Make a note of the **CTRL code** (reference code), which you will need to access the menu again to amend, delete, or reprint the application.
7. Print the application (keep it for your records), including the list of qualifications, the information entered, and the €30 payment slip for the assessment fee.
8. Pay the required fee via the PagoPA system, which allows payment through multiple channels (both online and in person).

9. Validate the application.

Once validated, the application for verification of curricular requirements will be sent online to the relevant academic body of the Degree Programme for assessment.

**Please note:**

- The €30 assessment fee is non-refundable under any circumstances.
- The €30 fee is **not required** for:
  - Students with a certified disability of 66% or higher (Law 118/71) or with recognised disability status under Article 3, paragraph 1, of Law No. 104 of 5 February 1992.
  - Graduates of Tor Vergata University of Rome with a final mark of at least 100/110.
- Applicants who are exempt from payment must still validate the application for verification of curricular requirements using the **AUTH code** (authorisation code) shown on the application form.
- The assessment process will begin only after the application has been validated on the DELPHI system.

After the application deadline, the Programme Board of the Master's Degree Programme, through a designated Committee, will assess the relevance of the qualifications, whether the curricular requirements have been met, and the adequacy of the applicant's individual preparation (pursuant to Article 6, paragraph 1, of Ministerial Decree 270/2004). The Committee will then issue the corresponding authorisation for enrolment.

Outcome of the assessment

- **First intake (APPLICATION):** Applicants will be notified by email.
- **Second intake:** Applicants may check the outcome from **6 November 2026** by following the procedure below.

• Procedure to check the outcome of the assessment

1. Go to the Online Services portal: <http://delphi.uniroma2.it>
2. Select **Student Area** → **Button 1 “Request for verification of curricular requirements”**.
3. Select option **b) “you have already completed the application”**.
4. Enter your tax code and CTRL code to view the outcome.

**Art. 3 – Enrolment**

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Applicants who have completed the mandatory registration procedure on the Delphi online services portal (as described in Article 2) and who have received a positive outcome from the assessment may proceed directly with enrolment by following the instructions available at the link below:

<https://studenti.uniroma2.it/immatricolazione/>

Enrolment must be completed by the following deadlines:

<u>Intake</u>	<u>Deadline</u>
First intake (APPLICATION) – for international applicants residing abroad requiring a study visa	From 2 September 2026 to <b>20 November 2026</b>
Second intake – for Italian citizens, EU citizens, and non-EU citizens legally residing in Italy	From 6 November 2026 to <b>20 November 2026</b>

**Please note:**

- Enrolment after the above deadlines is not permitted.
- At the time of enrolment, payment of the first instalment (€156.00) is required.

For further information regarding non-EU applicants who require a visa, please refer to **Article 6** of this Notice.

**Art. 4 – Tuition fees**

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Full details regarding the calculation of tuition fees and university charges, including payment deadlines and methods, will be provided in the **Student Handbook 2026/2027**, which will be published on the University website:

- <http://web.uniroma2.it/>
- <http://studenti.uniroma2.it/>

The Handbook will also set out all provisions for full or partial exemption (\*) from tuition fees and university charges.

(\*) In particular, a **10% reduction** in first-year tuition fees is available to students who have graduated from Tor Vergata University of Rome or from another Italian university with a final mark of **110/110**.

**Art. 5 – Transfers, programme changes and recognition of prior study**

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The procedures set out in this Notice also apply to:

- students transferring from another university to the Master’s Degree Programme covered by this Notice;
- students changing from another Master’s Degree Programme at Tor Vergata University of Rome to the programme covered by this Notice.

In such cases, once authorisation for enrolment has been granted, students must complete the transfer or programme change using the procedures available on the Online Services portal:

<http://delphi.uniroma2.it>

Further details are provided in the **Student Handbook 2026/2027**, published on the University website:

<http://web.uniroma2.it>

#### Enrolment with recognition of prior study

This applies exclusively to applicants who already hold an additional academic qualification not listed in Article 1. In this case, applicants must follow the standard enrolment procedure set out in Article 3 and submit the following documents to the Student Office, in addition to those required for standard enrolment:

- a copy of the degree certificate, including the transcript of examinations;
- detailed syllabi of the examinations completed, duly certified by the home institution (the institution where the examinations were taken).

#### **Art. 6 – Students holding a final foreign qualification and non-EU applicants requiring a visa**

##### Foreign qualification for admission

To be admitted to the two-year Master's Degree Programme, applicants holding a foreign qualification must provide the following documentation:

- the original final academic qualification, recognised as suitable in accordance with Italian law and the regulations established by the Italian Ministry of University and Research;
- a degree certificate issued by the awarding institution, listing the examinations passed (transcript), or a Diploma Supplement, where available;
- specific documentation relating to the qualification, depending on the country in which it was awarded.

All information regarding the required documentation will be published at the following links:

- [https://web.uniroma2.it/it/percorso/studenti/sezione/modalit di iscrizione per gli studenti internazionali](https://web.uniroma2.it/it/percorso/studenti/sezione/modalit%20di%20iscrizione%20per%20gli%20studenti%20internazionali)
- [https://web.uniroma2.it/en/contenuto/application\\_procedure](https://web.uniroma2.it/en/contenuto/application_procedure)

Under Article 2 of Law No. 148/2002 and subsequent amendments, Italian universities have autonomy in determining the documentation required for enrolment. The University therefore reserves the right to request additional documentation where deemed necessary.

##### Visa application procedure

Non-EU applicants residing abroad must complete the university pre-enrolment procedure via the **Universitaly** platform ([www.universitaly.it](http://www.universitaly.it)) by **31 July 2026** in order to apply for a study visa.

At the time of completing the pre-enrolment application, applicants are required to upload the documentation described in **Article 2** of this Notice.

The University will validate the pre-enrolment application. Applicants must then contact the relevant Italian diplomatic or consular representation to submit the required documentation within the deadline established by the Ministry of University and Research (MUR), available at:

<https://www.studiare-in-italia.it/studentistranieri/>

The issuance of the study visa is the sole responsibility of the competent diplomatic or consular authorities.

The enrolment procedure for the chosen programme will be finalised only after the study visa has been issued and following verification of the authenticity of the submitted documentation and the fulfilment of all requirements for enrolment.

Completing the enrolment procedure

International students holding a foreign qualification and applicants requiring a study visa must complete the enrolment procedure within the deadlines set out in this Notice through the **International Students Office**:

**Via Cracovia 50 – 00133 Rome – Building D, ground floor, Room 1**  
Email: [international.students@uniroma2.it](mailto:international.students@uniroma2.it)

At this stage, enrolment will be confirmed and a student ID number assigned.

The International Students Office will verify the authenticity of the submitted documentation. If the documentation is incomplete or unsuitable, admission will be withdrawn.

Non-EU students holding a valid residence permit and a degree awarded by an Italian university must instead complete enrolment through the **Student Affairs Office at the School of Medicine and Surgery**.

Places reserved for non-EU applicants residing abroad (requiring a visa)

For the academic year 2026/2027, the number of places reserved is as follows:

Degree programme	Places
LM-68 – Sport and Health Promotion	<b>70</b>

### **Art. 7 - Students with disabilities or specific learning disorders (SLD)**

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Students with any of the following certified conditions may declare their status at the time of registration on the Delphi system (as described in Article 2 of this Notice):

- a certified disability of 66% or higher (Law 118/71);
- recognised disability status under Article 3, paragraphs 1 and 3, of Law No. 104 of 5 February 1992;
- a diagnosis of Specific Learning Disorders (SLD) under Law No. 170/2010.

Certificates of civil disability (Law 118/71) and/or recognised disability status (Law 104/92) must be submitted in scanned PDF format to the **CARIS Office** at the following email address:

[segreteria@caris.uniroma2.it](mailto:segreteria@caris.uniroma2.it)

Applicants with disabilities or SLD residing abroad must also send certification to the same address, accompanied by an official translation into Italian or English issued by the competent Italian diplomatic authority, confirming their disability or SLD status, in order to access the relevant support services.

The CARIS Office will review the documentation submitted, assess its validity, and inform the applicant by email.

#### **Please note:**

The University reserves the right to verify the accuracy of all declarations made. Any false declaration, use of forged documents, or submission of inaccurate information is punishable under the Italian Criminal Code and relevant legislation.

#### **Requesting exemptions or support services at enrolment**

At the time of enrolment, in order to request full or partial exemption from tuition fees (where applicable), or to access the support services provided by CARIS, students must:

- select the relevant option during online enrolment on Delphi;
- submit the required documentation to the CARIS Office, including by sending a clear scanned PDF copy to: [segreteria@caris.uniroma2.it](mailto:segreteria@caris.uniroma2.it)

All documents containing sensitive personal data will be handled by the CARIS Office in accordance with applicable data protection legislation.

#### **Fee reductions and exemptions in detail**

- **Students with a certified disability of 66% or higher (Law 118/71), or with recognised disability status under Article 3, paragraphs 1 and 3, of Law No. 104/1992** – fully exempt from the payment of tuition fees and university charges for enrolment.

They must follow the standard online enrolment procedure and self-declare their disability status within the enrolment application.

To complete the enrolment procedure, they must submit all documentation issued by the competent authorities confirming their disability status to the CARIS Office (email: [segreteria@caris.uniroma2.it](mailto:segreteria@caris.uniroma2.it)).

- **Students with a certified disability between 46% and 65% (Law 118/71)** – eligible for a **20% reduction** in the second instalment, following the same procedure.
- **Students with valid certification of Specific Learning Disorders (SLD)** – eligible for a **20% reduction** in the second instalment, following the same procedure.

If the required documentation is not submitted, or is deemed unsuitable, the student will be required to pay all tuition fees and university charges in full.

During their course of study, requests for reasonable adjustments and support measures for individual modules or examinations must be submitted in writing to the CARIS Office.

#### Requirements for SLD certification

Certification of Specific Learning Disorders (SLD) must:

- be issued by the National Health Service or, where applicable, by accredited specialists or centres authorised to issue such certification;
- be clear and detailed, including diagnostic codes and explicit reference to reading, writing and/or numeracy disorders;
- comply with Law No. 170/2010, the Consensus Conference (CC-ISS-2011) and subsequent updates, as well as the provisions of the State-Regions Conference (2012) as implemented at regional level.

For the Lazio Region, applicants are advised to consult the dedicated webpage on Specific Learning Disorders (SLD) – Salute Lazio.

#### Further information and contact details

##### **CARIS Office (Students with Disabilities and SLD)**

School of Engineering, Didactic Building – ground floor (Room L1) – Via del Politecnico, 1 – 00133 Rome

Phone: +39 06 7259 7483 / +39 06 2022876

Email: [segreteria@caris.uniroma2.it](mailto:segreteria@caris.uniroma2.it)

Office hours: Monday, Wednesday, Friday 9:00 AM – 12:00 PM; Wednesday 2:00 PM – 4:00 PM

Website: [www.caris.uniroma2.it](http://www.caris.uniroma2.it)

#### **Art. 8 – Processing of personal data**

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All information regarding the contact details of the Data Controller and the Data Protection Officer, the types of data processed, the source of personal data, the purposes and legal basis of processing, the recipients of personal data and any data transfers abroad, the retention periods, the rights of the data subject, the obligation to provide data, the methods of data processing, and data transfers abroad is contained in the Privacy Notice pursuant to Articles 13 and 14 of EU Regulation 2016/679. This notice applies to users who intend to register for admission tests and state exams, to

users who intend to enrol in study programmes, and to students, graduates, postgraduates, trainees, and doctoral students of Tor Vergata University of Rome.

The full Privacy Notice can be found at the following link:

<http://utov.it/s/privacy>

## **Art. 9 – Useful information**

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For further information regarding the programme and the admission procedure, please consult the following contacts and websites:

### **Student Affairs Office of the School of Medicine and Surgery**

Via Montpellier, 1 – 00133 Rome

By appointment only:

<https://prenotazioni.uniroma2.it/segreteria-area-medica/>

Telephone: +39 06 7259 6013 / 6043 / 6045 / 6964 / 6044

Email: [segr-studenti-medicina@med.uniroma2.it](mailto:segr-studenti-medicina@med.uniroma2.it)

### **International Students Office:**

Via Cracovia 50, 00133 Rome (Building D, ground floor)

Office hours: Monday, Wednesday, and Friday from 9:00 AM to 12:00 PM, and also on Wednesday from 2:00 PM to 4:00 PM.

Emails: [international.students@uniroma2.it](mailto:international.students@uniroma2.it) - [international.qualifications@uniroma2.it](mailto:international.qualifications@uniroma2.it)

### **Public Relations Office (URP):**

Via Cracovia 50, Building C - first floor

Opening hours: Monday, Wednesday, and Friday from 9:00 AM to 1:00 PM, and also on Wednesday from 2:00 PM to 4:00 PM

Email: [relazioni.pubblico@uniroma2.it](mailto:relazioni.pubblico@uniroma2.it)

Phone: +39 06 7259 2542/3091

Website: [www.urp.uniroma2.it](http://www.urp.uniroma2.it)

### **“Chiama Tor Vergata” Telephone Service:**

Phone: +39 06 7259 3099

Hours: Monday to Thursday from 9:00 AM to 1:00 PM and from 2:00 PM to 5:00 PM, Friday from 9:00 AM to 1:00 PM

### **Student Welcome Office:**

Via Cracovia, 50 – 00133 Rome (Building C, first floor).

To schedule an appointment, visit:

Website: [https://web.uniroma2.it/it/percorso/futuri\\_studenti/sezione/accoglienza](https://web.uniroma2.it/it/percorso/futuri_studenti/sezione/accoglienza)

Phone: +39 06 7259 2817/3234

Email: [welcome@uniroma2.it](mailto:welcome@uniroma2.it)

**Students with Disabilities and SLD (CARIS):**

School of Engineering, Didactic Building – ground floor (Room L1) - Via del Politecnico, 1 - 00133, Rome

Phone: +39 06 7259 7483 / +39 06 2022876

Email: [segreteria@caris.uniroma2.it](mailto:segreteria@caris.uniroma2.it)

Office hours: Monday, Wednesday, Friday 9:00 AM - 12:00 PM; Wednesday 2:00 PM - 4:00 PM.

Further information

For further details, please consult:

- Website of the Ministry of University and Research:  
<https://www.mur.gov.it/it/aree-tematiche/universita>
- University website:  
<http://web.uniroma2.it/>  
English version: <http://en.uniroma2.it/>
- Degree Programme website:  
<https://pahp.med.uniroma2.it/>